



Ordering information:

Cat. No	Model	Description	Pack Info
LGT-312S	SQ-01	Max Capacity: 1200cc	1 PC/Box, 24 Boxes/Carton
LGT-319S	SQ-02	Max Capacity: 1900cc	1 PC/Box, 24 Boxes/Carton

Longest

Guangzhou Longest Science & Technology Co., Ltd.
Address: #96 Chuangqiang Road, Ningxi Street, Zengcheng District,
Guangzhou, China 511399
Tel: 86-20-66353999 Fax: 86-20-66353920
E-mail: export@longest.cn Website: www.gzlongest.com



Tri-Ball
Spirometer



Health Life Longest Care

Longest

Tri-Ball Spirometer

(Common Name: Spirometers)

The Tri-Ball Spirometer is mainly used for normal breathing restored training for the patients who has done a chest or abdominal surgery or any others who requiring inspiratory exercise. Intended for single-patient, multi-use in a hospital or home care setting.

⊕ Suitable User

- ⊗ Patients undergoing thoracic and abdominal surgery
- ⊗ Swallowing dysfunction and aphasia
- ⊗ Pulmonary function decline due to mechanical ventilation
- ⊗ Pneumonia patient
- ⊗ Others who need to recover pulmonary respiratory function

⊕ Features

The Longest™ Tri-Ball Spirometer portfolio offers these features

Unique designed filter sponge:

Can prevent foreign matter from being inhaled during use

Detachable tubing:

Easy to clean the mouthpiece after use



• **Handy, Small Size**

• **Friendly tubing holder:**

Convenient for tubing storage after use

• **Friendly tubing holder:**

Convenient for tubing storage after use

⊕ Usage



- ⊗ If possible sit upright in a comfortable position, on the edge of a chair or bed.
- ⊗ Hold the incentive spirometer upright.
- ⊗ Breathe out normally and place the mouth piece in your mouth and seal your lips around it . (Fig. 1)
- ⊗ Take a slow deep breath in through the mouth piece, like sucking in through a straw. You should aim to raise one, two or three balls up and hold for 2-3 seconds. (Fig. 2& Fig. 3)
- ⊗ Exhale slowly through your nose, while removing the mouth piece from your lips. (Fig. 4)
- ⊗ Relax after each deep breath and breathe normally.
- ⊗ Repeat this process as directed by your physiotherapist or doctor, usually 10-15 times. Take your time. Take a few normal breaths between your deep breaths.
- ⊗ When you have finished your group of deep breaths, it is important to take a deep breath, then huff and cough. You should cough 2-3 times to remove any secretions.
- ⊗ You should use the incentive spirometer every 2 hours when you are awake and when you wake up at night.